



Ponca Public Schools
505 W 3rd Street
Ponca, NE 68770

Ponca Public School Community:

Our district takes pride in supporting the needs of the whole child, to ensure that all children are safe, supported, engaged, and challenged each day as they walk into our building.

Research indicates that initiatives focused on improving aspects of students' well-being in schools have been found to be successful in improving student success, and academic excellence.

To advance the common goal of improving outcomes for all students, coordinated efforts that integrate multiple components of a healthy school environments are being harnessed to supporting the wellbeing needs of staff and students. We hope that the results of the triennial assessment help to outline the efforts underway in our district and the emphasis we put on whole child supports.

If you have any questions, please contact Superintendent Brendan Calahan at brendancalahan@poncaschool.org.

Respectfully,

A handwritten signature in black ink, appearing to read 'Brendan Calahan', written in a cursive style.

Brendan Calahan

Ponca Public Schools



TRIENNIAL WELLNESS ASSESSMENT RESULTS

1. POLICY COMPLIANCE RESULTS

- Ponca Public Schools has met the policy requirements for school wellness.
- Board Policy 5052 - School Wellness Policy can be found on our school website

MEET OUR TEAM

Brendan Calahan, Superintendent

Ashley Uthof, Food Service Director

Jessi Walsh, K-12 Physical Education



www.poncaschool.org



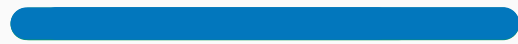
Contact Brendan Calahan at brendancalahan@poncaschool.org

2. WELLNESS POLICY GOALS

- Promotion and education of healthy food and beverage choices
- Curriculum includes instruction and promotion of physical activity
- Evidence-Based strategies used to develop, structure, and support staff wellness programs

WELLNESS METRICS:

AREA 1 - SCHOOLS IN COMPLIANCE 100%



AREA 2 - NUTRITION PROMOTION AND EDUCATION 100%



AREA 3 - PHYSICAL ACTIVITY 100%



AREA 4 - WELLNESS PROMOTION 100%



KEY ACHIEVEMENTS:

- A policy is in place and is reviewed in compliance with state requirements. The policy is available on the school website.
- Completed the triennial assessment and shared results
- Utilized data to make informed decisions to support student and staff wellbeing efforts