

### Elk Point Invite

Team	Team Points	Individual Place	Student	Event	Height	Distance	Time
Ponca	10	4th	Michael Walsh	Long Jump		18'7"	
		3rd	Connor Day	3200 m relay		9:14	
			Ryan Bentz				
			Derrek Touney				
			Andrew Lamprecht				
		6th	Michael Hegge	Quadrathlon			

### Homer Ivan Krumweide Inv

Team	Team Points	Individual Place	Student	Event	Height	Distance	Time
Ponca	18						
		4th	Michael Walsh	long jump		18'10"	
		2nd	Michael Walsh	triple jump		39'1"	
		3rd	Connor Day	3200m relay		9:13	
			Ryan Bentz				
			Derrek Touney				
			Andrew lamprecht				

### Homer Invite

Team	Team Points	Individual Place	Student	Event	Height	Distance	Time
		5th	Michael Hegge	Long Jump		18'	
		3rd	Ryan Bentz	Triple Jump		36'7"	
		6th	Jordan Markworth	400			00.56.0
		6th	Steven Lieber	300 hurdles			00.49.4
Ponca	405	7th					

### Sioux City Relays

Team	Team Points	Individual Place	Student	Event	Height	Distance	Time

### Laurel Invite

Team	Team Points	Individual Place	Student	Event	Height	Distance	Time
Ponca	38	6th					
		3rd	Jordan Markworth	high jump	5'4"		
		3rd	Michael Hegge	long jump	18'6.5"		
		4th	Ryan Bentz	triple jump	35'9"		
		3rd	Ryan Bentz	4x800	10:04		
			Andrew Lamprecht				
			Cullen Cook				
			Jordan Markworth				

		6th	Jordan Markworth	400m	57.3		
		6th	Michael Hegge	100m	11.8		
		4th	Steven Lieber	110 Hurdles	20.8		
		6th	Steven Lieber	300 hurdles	50.5		
		6th	Michael Hegge	200m	24.6		
		4th	Steven Lieber	4x100	54.7		
			Andrew Lamprecht				
			Colton Krusemark				
			Joel watchorn				
		4th	Ryan Bentz	4x400	4:05		
			Jordan Markworth				
			Michael Hegge				
			Colton Krusemark				

**Ponca (9th and 10th Grade Track Invite)**

<b>Team</b>	<b>Team Points</b>	<b>Individual Place</b>	<b>Student</b>	<b>Event</b>	<b>Height</b>	<b>Distance</b>	<b>Time</b>
		3rd	Justin Carmona	discus		92'7"	
		2nd	Justin Carmona	shot		37'7"	
		2nd	Michael Hegge	long jump		18'7"	
		2nd	Ryan Bentz	Triple jump		38'5"	
		2nd	Steven lieber	Medley relay		4:36	
			Andrew Lamprecht				
			Colton Krusemark				
			Cullen Cook				
		3rd	Steven lieber	110 hurdles			20
		2nd	Michael Hegge	100m dash			11.5
		1st	Ryan Bentz	800			2:21
		3rd	Cullen Cook	800			2:37
		2nd	Justin Carmona	4x100			
			Andrew Lamprecht				
			Colton Krusemark				
			Joel Watchorn				
		2nd	Ryan Bentz	400m			59.6
		4th	Colton Krusemark	400m			61
		1st	Steven Lieber	300m hurdles			49.1
		1st	Michael Hegge	200			25.1
		5th	Adrew Lamprecht	200			27.3
		3rd	Cullen Cook	1600			5:50
		2nd	Michael Hegge	4x400			4:14
			Ryan Bentz				
			Colton Krusemark				
			Adrew Lamprecht				

**Ponca Invite**

Team	Team Points	Individual Place	Student	Event	Height	Distance	Time
Ponca	102	2					
		3rd	Michael Walsh	lj		18'10"	
		4th	Michael Hegge	lj		18'5"	
		1st	Michael Walsh	tj		39'10"	
		6th	Ryan Bentz	tj		36'	
		3rd	Jordan Markworth	hj		5'10"	
		2nd	Ryan Bentz	3200 relay		9:23	
			Connor Day				
			Derrek Touney				
			Jordan Markworth				
		6th	Cullen Cook	3200		12:15	
		5th	Steven Lieber	110		20	
		2nd	Michael Walsh	100		11.8	
		3rd	Michael Hegge	100		11.9	
		4th	Ryan Bentz	800		2:17	
		5th	Derrek Touney	800		2:20	
		4th	Andrew Lamprecht	4x100		54.2	
			Steven Lieber				
			Joel Watchorn				
			Colton krusemark				
		2nd	Jordan Markworth	400		54.7	
		3rd	Derrek Touney	400		55.7	
		5th	Steven Lieber	300h		50	
		1st	Michael Hegge	200		24.6	
		3rd	Derrek Touney	4x400		3:47	
			Jordan Markworth				
			Michael Walsh				
			Michael Hegge				

### Lewis and Clark Conference Meet

Team	Team Points	Individual Place	Student	Event	Height	Distance	Time
Ponca	17	13					
		5th	Michael Walsh	Triple Jump		38'8"	
		5th	Connor Day	3200m relay		9:27	
			Ryan Bentz				
			Derrek Touney				
			Jordan Markworth				
		6th	Derrek Touney	400		54.6	
		3rd	Derrek Touney	800		02:09.1	

## Randolph Invite

Team	Team Points	Individual Place	Student	Event	Height	Distance	Time
Ponca	85	3rd					
			Jordan Markworth	High Jump	5'4"		
		2nd	Michael Walsh	long jump	17'7.75"		
		3rd	Michael Hegge	long jump	17'7"		
		1st	Michael Walsh	Triple Jump	40'		
		3rd	Ryan Bentz	Triple jump	35'8"		
		2nd	Connor Day	3200 relay	10:20		
			Andrew Lamprecht				
			Ryan Bentz				
			Cullen Cook				
		5th	Steven Lieber	110 Hurdles	20.2		
		2nd	Derrek Touney	400m dash	55.3		
		6th	Cullen Cook	3200 m run	12:40		
		2nd	Connor Day	800 m run	2:17		
		3rd	Ryan Bentz	800 m run	2:18		
		3rd	Steven Lieber	300 hurdles	12:00		
		3rd	Derrek Touney	1600	5:05		
		6th	Cullen Cook	1600	6:08		
		3rd	Connor Day	4x400	4:16		
			Colton Krusemark				
			Ryan Bentz				
			Andrew Lamprecht				

## District Meet

Team	Team Points	Individual Place	Student	Event	Height	Distance	Time
PONCa	31	6					
		6	Michael Walsh	100			12
		6	Derrek Touney	400			55.9
		6	Steven Liever	110h			19.2
		5th	Ryan Bentz	4x400			3:52
			Connor Day				
			Michael Hegge				
			Derrek Touney				
		2nd	Connor Day	4x800			9:05
			Derrek Touney				
			Ryan Bentz				
			Andrew Lamprecht				
		3rd	Michael Walsh	long jump		20'	
		5th	Michael Hegge	long jump		18'10"	
		2nd	Michael Walsh	triple jump		41'8"	

		5th	Ryan Bentz	triple jump		37'05"	
<b>State Meet</b>							
<b>Team</b>	<b>Team Points</b>	<b>Individual Place</b>	<b>Student</b>	<b>Event</b>	<b>Height</b>	<b>Distance</b>	<b>Time</b>
		17	Michael Walsh	Tj		40'8"	