







Ponca Menu

October 2020



| Mon | Tue | Wed | Thu | Fri |
|---|---|--|--|--|
|  <p>USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.</p> <p>Meals are subject to change. Milk served with meal.</p> | | | <p>1</p> <p>Calzone Mixed Veggies</p> <p>Fruit and Veggie Bar</p> | <p>2</p> <p>Cheeseburger Mac Carrots</p> <p>Fruit and Veggie Bar</p>  |
| <p>5</p> <p>Pork Fritter Mashed Potatoes w/ Gravy Roll Fruit and Veggie Bar</p>  | <p>6</p> <p>Chicken and Noodles Peas Roll Fruit and Veggie Bar</p> | <p>7</p> <p>Grilled Cheese Tomato Soup Crackers Fruit and Veggie Bar</p> | <p>8</p> <p>Chicken Fajita Spanish Rice Fruit and Veggie Bar</p> | <p>9</p> <p>Hamburger French Fries Fruit and Veggie Bar</p> |
| <p>12</p> <p>Spaghetti Breadstick Fruit and Veggie Bar</p> | <p>13</p> <p>Chicken and Rice Green Beans Roll Fruit and Veggie Bar</p> | <p>14</p> <p>Corn Dog Baked Beans Fruit and Veggie Bar</p>  | <p>15</p> <p>French Toast Sticks Yogurt Cup Juice Fruit and Veggie Bar</p> | <p>16</p> <p>Chicken Patty Mashed Potatoes w/ Gravy Roll Fruit and Veggie Bar</p> |
| <p>19</p> <p>BBQ Rib Patty Scalloped Potatoes Roll Fruit and Veggie Bar</p> | <p>20</p> <p>Chicken Nuggets Mac-n-cheese Fruit and Veggie Bar</p> | <p>21</p> <p>Pizza Chips Fruit and Veggie Bar</p> | <p>22</p> <p>Quesadilla Mixed Veggies Cheez-it Crackers Fruit and Veggie Bar</p>  | <p>23</p> <p>NO SCHOOL</p> |
| <p>26</p> <p>NO SCHOOL</p> | <p>27</p> <p>Fiestada Corn Fruit and Veggie Bar</p> | <p>28</p> <p>Beef Taco Refried Beans Fruit and Veggie Bar</p> | <p>29</p> <p>Hot Dog Chips and Cheese Fruit and Veggie Bar</p>  | <p>30</p> <p>Crispito Chili/ Cheese Cookie Fruit and Veggie Bar</p> |