

Ponca Public Schools

www.poncaschool.org

March Newsletter 2009



From the Superintendent's Desk...

Welcome to March!! The unpredictability of the weather this time of year makes every day a challenge, but, hopefully, we are on the downhill side of the most extreme winter weather. The weather-related delays, early dismissals, and closings that we experienced earlier this winter certainly created many distractions for our staff and students. I want to commend all of them for their efforts to maintain consistency and focus in the classrooms during those unsettled times. They really have done a fine job dealing with the schedule changes, and many positive things continue to happen academically despite our weather-related challenges.

Within the last month, Ponca Schools also had to contend with two other challenges that created considerable disruption and concern in our school and community. The bomb threat of January 27th has forced us to re-evaluate our procedures for this, and other, emergencies. A team of school personnel are busy working on our plans as a result, with the input from parents, community emergency personnel, and school people. It is our intent that our preparedness for events will be elevated and more coordinated. ---- A reward of \$1,000.00 still exists for information leading to the notification, arrest, and conviction of the person responsible for this act.

The illness that has spread through our student body caused school to be cancelled on Friday, February 20th. Guidelines provided to us indicate that once student absenteeism due to illness is equal to, or greater, than 10% of our student population, consideration should be given to whether classes should be held. We are indeed fortunate that our school nurse, Sheila Herfel, tracks student illnesses and provides communication to the administration in order to provide a safe and healthy environment for our students.

As we are all keenly aware, our economy is experiencing significant financial challenges at the national, state, and local levels. Difficult decisions will have to be made, and our school is certainly not exempt. Please be assured that we will do all that is possible to keep the welfare of our students as our central focus while considering the long-term health and viability of our school district. At times like these, I am reminded of the strong history that our community has of working together to undertake challenges and accomplish things that other small communities might find very difficult. I am very confident that these current challenges can be addressed and effectively met as well. Thank you all, and have a great March!

William. Thompson, Superintendent

The Ponca Public School requests your help in locating handicapped children. The school implements the Federal Handicapped Childrens' Act (PL 94-142) and Nebraska statute which guarantees a free appropriate educational program for all children between birth and 21 years of age. If you have students or know of any young person who meets these criteria, please contact Superintendent's office.

Elementary Fundraiser Delivery: Elementary students at Jackson and Ponca Elementary schools conducted a fundraising project to raise funds to support their annual Spring field trips. Students were very successful with this effort as they sold almost 1200 items, retailing for almost \$14,500.00. Profits from this effort will be distributed to each grade level based upon the amount of items sold.

Products sold by students will be delivered on Monday, March 9th. Delivery is scheduled for the Jackson Elementary gymnasium at 1:15pm, and at the Ponca Elementary East gym at 2:15pm. Products sold by students will be bulk-packaged with the student/sellers name on the package label. Starting at 3:00pm at both sites, students and parents should be able to pick up their sale items prior to going home at the end of the day on Monday. Students should plan to deliver sales products to individual buyers on Monday evening. A number of items will be delivered frozen, so delivery to buyers should be made as soon as possible.

Parental assistance is encouraged to assist students to pick up and help deliver the products. Students who sold a large number of items may not be able to carry items home with them after school, or get them all on the bus. Parents, please make arrangements with, and for, your child to assist them.

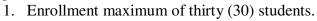
At the end of the sale period in early February, students were able to indicate where they wanted their items delivered, for ease of pick up. Students who live in the Jackson area, even though they attend school in Ponca, could choose to have their products delivered to Jackson Elementary for pick up. The same for Ponca are students who attend Jackson Elementary but want to pick up their items in Ponca.

Summer Driver Education Sign-up

Driver Education classes will be held at Ponca School starting after school is out in late May. The cost of the class is \$175.00 for students who are residents of the Ponca school District, and \$240.00 for non-resident students. Residence is determined by domicile of the parent with primary custody. Exact dates of the class will be determined at a later date.



Requirements in order to register to take Driver education for the summer of 2009:



- 2. Class sign-up sheet located in the High School Principal's Office. Sign up by May 1st.
- 3. At time of enrollment, must pay \$87.50 as deposit for taking class. Remainder due the first day of class.
- 4. Must be 14 years of age by June 1, 2009.
- 5. Must be eligible for a Learner's Permit.
- 6. Oldest students on sign-up sheet will be given preference to take class.
- 7. Signing up after May 1st, will put your name on the bottom of the list, regardless of age.

Mr. Dan Loofe will once again be the instructor for the class.



Notes from Ms. Rinas...

Ponca School once again was represented at the Nebraska State Wrestling Tournament. Junior Josh Watchorn and sophomore Nathan Uhl wrestled their ways through districts to qualify for state competition. At state Josh completed his season earning the third place medal in his weight class. Nathan gave it his best shot and returned home with experience that will take him back to state next year. Congratulations to both of these young men for representing Ponca at state!

Thirty-two Ponca School spellers in grades 5-8 competed for five spots to qualify for the Dixon County Spelling Bee. These five spots were filled by Zachary Heaton, Hannah Albrecht, Lauren Brickett, Alexis Eifert, and Kelsea Fethkenher. Zachary Heaton and Kelsea Fethkenher then advanced to the spelldown at the county level. Congratulations to Kelsea Fethkenher who spelled her way to a second place finish at the Dixon County Spelling Bee!

Band students, Abby Watchorn, Aaron Bostwick, Jake Anderson, and Colin Brandt will represent Ponca school at Class C All State Band. These students auditioned and were selected out of all Class C schools in Nebraska. They will travel to Kearney on March 21st to perform.

The 2009 Dixon County Health Fair will be held at the Allen Public School on Wednesday March, 18, 2009. The Health Fair will begin at 1:00 p.m. Secondary students from Emerson, Wakefield, Newcastle, Allen and Ponca will rotate through four sessions centered on topics for teenagers. The 2009 teen topics are—Internet Safety, Self Defense, and Meth—Don't Make It Your Future. The public is invited to attend any or all of the events at the health fair. The health fair is scheduled from 1:00–5:00 p.m. Programming from 3:00–5:00 is especially for seniors and families.

Pre-registration for the 2009-10 school year will take place at Ponca School in March. Students in grades 8-11 will begin the process at school. Students then will bring their pre-registration forms home to be reviewed by their parents. Parents are asked to sign the form and the student is to return it to school. It is important the students take the pre-registration seriously as the schedule for next year is created from the students' selections.

Parent Teacher Conferences are scheduled for Jackson Elementary and Ponca School on March 19, from 2:00-8:00 p.m. Conferences are an important means of keeping in touch with your child's school progress. We hope you can attend your child's conferences.

Follow-up Survey of P.H.S. Graduates The following information indicates the direction our graduates							
		hav	e taken the	last five ye	ears.		
	4 yr.	2 yr.	Voc	Military	Employ	Others	Total
	College	College	Training				
2004	5	1	0	0	24	4	35
2005	15	1	0	1	18	4	39
2006	8	4	0	3	13	1	29
2007	17	6	1	0	7	1	34
2008	18	7	1	4	0	0	30

The Ponca Public School District does not discriminate on the basis of race, color, national origin, gender, marital status, disability, or age in admission or access to, or treatment of employment in its programs and activities. The following person has been designated to handle inquiries regarding complaints, grievance procedures, or the application of these policies of nondiscrimination:

Ponca Public Schools - Superintendent of Schools 505 3rd Street, Ponca, NE 68770 (402) 755-5700 Appeal procedures beyond the local level need to be addressed to the following office:

Office for Civil Rights 8930 Ward Parkway, Suite 2037 Kansas City, MO 64114 (816) 268-0550 FAX (816) 823-1404; TDD (800) 437-0833 Jackson Elementary News

February flew by and March has arrived. That means we only have slightly over 50 days of school left. March is a busy month at Jackson Elementary. ITBS tests will be given, parent teachers conferences are being conducted, and the end of the 3rd quarter has arrived.

ITBS testing is scheduled for March 2^{nd} thru the 6^{th} . At Jackson, the tests are given to the 2^{nd} graders. These tests are very important for two reasons: the test will measure your child's ability compared with other students throughout the country and help the school compare how we are doing compared with other schools. It is important your child gets plenty of rest before and during the testing schedule. Children should eat a good breakfast to give them a good start to the day.

Parent- teacher conferences are scheduled for March 19th. A schedule will be sent home with your child. Report cards for the 3rd quarter can be picked up at parent- teacher conferences. Please be on time for your appointment and be prepared with questions you might have for the teacher. Remember your appointment is 15 minutes, please be prepared!

The deadline for open enrollment forms is March 15th. The forms must be in the superintendent's office by March 15th if you wish to open enroll your child into the Ponca School District. Open enrollment is determined on an individual basis and not according to families.

Kindergarten roundup will be April 17th. There will be no school for the 08-09 kindergarten on April 17th. Parent night for 09-10 kindergarteners will be April 16th from 5:30pm to 7:30pm.

It's time to start thinking about Pre-school. The Pre-school open house will be April 21st at 6:00pm.

Mon	Tues	Wed	Thurs	Fri
2	3	4	5	6
Starfish	Angelfish	Starfish	Angelfish	Starfish
	Dr. Suess Family Night 6pm		Open Enrollment Forms Due	
9	10	11	12	13
Starfish	Angelfish	Starfish	Angelfish	No School
16 Starfish	17	18 Starfish	19 Angalfish	20 No
Stariisii	Angelfish	Starfish	Angelfish PreK-2 Conferences	Preschool Assessment Day
23	24	25	26	27
Starfish	Angelfish	Starfish	Angelfish	Angelfish
		V	_	
30	31			L
Starfish	Angelfish			L

2 Hour Late Start

March Preschool Schedule * Starfish = M, W, F Class Angelfish = T, Th, F Class

In Our Classroom

During the month of March we will be soaring into reading. We will kick off our month of reading activities with a Dr. Seuss Family Night at the Ponca Library at 6pm. Cat in the Hat will be present to sign free take home books along with crafts and pizza. Hope to see you there! This month we will also be starting our Book It!

Beginners Read-Aloud Program that will last until the end of April. We will work together between preschool and home to see just how many minutes we can read each month. As a new skill we will be learning our phone numbers and discussing manners on the telephone.

Looking Forward! Kindergarten Roundup will be April 17th Preschool Open House will be April 21st at 6pm Kindergarten Roundup



Parents who have children five years of age on or before October 15, 2009, may wish to send their son/daughter to kindergarten during the 2009/2010 school year.

Kindergarten Roundup for these students is scheduled for Friday, April 17, 2009 at Jackson Elementary. Parents may register their child for roundup by returning the form below or calling the Jackson Elementary School office at 632-4276. More information concerning Kindergarten Roundup will be provided as we get closer to that date.

Please return this form to: Jackson Elementary P.O. Box 67 Jackson, NE 68743

Child will attend	Child will NOT attend	Kindergarten in :	2009/2010
Student Name:		Boy	Girl
Date of Birth:	Phone	Number:	
Parents or Guardian: _			
Address:			

The following children are eligible to attend Kindergarten at Jackson Elementary during the 2009/2010 school year. This list is according to the current census and current preschool students. If your child is/is not on this list adn will/will not be attending, please contact the office at 632-4276.

Anthony, Owen Korth, Taylor Pick, Faith Bacon, Madelin Lander, Grant Rogers, Gage Cook, Aiden Latimer, Hunter Rush, George Denker, Jarrett Lentz, Matthew Schlotman, Jaycee Dorcey, Grant Schram, Mackenzie Logue, Matt Duffy, Olivia Martin, Markus Taylor, Samuel McGill, Addie Twohig, Lucas Durand, Christopher Watchorn, Eli Fernau, Zachary Munroe, Cayden Matthew Hayes Niemeier, Mary Hoesing, Lucas Peterson, Jaci

Eli Persinger

Holgate, Josie

Parent Night
April 16th
5:30 - 7:00
More Info To Come!

PONCA SUMMER RECREATION PROGRAM 2009 REGISTRATION FORM

This form is for baseball and softball, and we would like you to fill out the bottom portion and return to: Ponca Summer Recreation, P O Box 465, Ponca, NE 68770 by <u>WEDNESDAY, MARCH 18, 2009.</u> PLEASE USE ONE REGISTRATION FORM FOR EACH CHILD.

To be eligible, your child must be the following age:

GIRLS: Age 8 by 12/31/08 BOYS: Age 8 by 1-1-09

To help defray expenses, there will be a \$30 registration fee for a SINGLE CHILD or a \$50 registration fee PER FAMILY, which must be returned with the registration form(s). Your child will not be registered until this fee is paid. A late registration fee of \$20 will be charged and the late registration must be returned by **MARCH 25, 2009. WE WILL NOT ACCEPT ANY REGISTRATIONS AFTER MARCH 25, 2009/NO EXCEPTIONS!** Please note T-ball registration will be held at a later date.

Child's Name Birth Date Age

GIRLS: AGE AS OF 12-31-08 BOYS: AGE AS OF 1-1-09

Parent/Guardian Signature Telephone #

הרנונונים הרנונונים הרנונים בי הר

Ponca School Newsletter Ponca Public School Ponca, Nebraska 68770

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E C R W S S Postal Patron



PONCA PUBLIC SCHOOL CURRICULUM

School Purposes and Objectives

- 1. To provide a curriculum designed to fulfill the current and continuing needs of the students
- 2. To provide an opportunity for each student to understand the rights and duties of citizens for participation in a Democratic Society
- 3. To promote self-discipline with consideration for the rights of others
- 4. To provide opportunities in the fine arts and athletics that will in turn promote proper used of leisure time
- 5. To encourage curiosity and creativity to the extent that school may be both a challenge and an enjoyment to all
- 6. To promote a more positive relationship between the home, students, and faculty
- 7. To provide an opportunity for each student to examine any issue objectively, and freely, and to come to a rational conclusion
- 8. To develop a high sense of moral and ethical values
- 9. To help students establish goals and help them realize the effort it will take to attain them

Curriculum Process

The Ponca Public School provides a curriculum designed to meet the basic needs and interests of individual students and prepare student to further their education or enter the world of work. Ponca Public School has aligned its curriculum to the Nebraska Standards. Curriculum areas are revised periodically. A varied program of school activities is also available.

Areas of Curriculum

Fine Arts Art 1 Art 2 Art 3 Vocal Music Instrumental Music Drama	Guidance Career Planning Crisis Management Academics	<u>Library</u> Reading Enrichment Research Resources Research Resources	Foreign Language Spanish 1 Spanish 2 Spanish 3
Social Studies World Geography World History American History American Government Psychology	Math Algebra ½ Algebra 2/2 Algebra 1 Algebra 2 Geometry Pre Calculus Math Standards	Science Integrated Science 9 Integrated Science 10 Advanced Biology Chemistry Physics Environmental Science General Science	Physical Education PE 1 PE 2 Weight Training Health

<u>Language Arts</u>	Family Consumer Science	<u>Industrial Technology</u>
English 9	Family and Consumer Science	Introduction to Technology
English 10	Adult Living	Cabinetry
English 11	Housing Design	Construction
Advanced English 11	Child Development	Electricity
English 12	Food Science	Electronics
Advanced English 12	Nutrition and Food Preparation	Small Engines
Annual/Journalism	Consumer Education	Auto Maintenance
Contemporary Literature	Fashion Merchandising	Welding
		Drafting
		School to Work

Business Education	College Credit	Special Education
Accounting 1	Distance Learning Opportunities	Individualized Education Plans
Business Law		Alternative English
Computers		Alternative Algebra 1
Advanced Computers		Alternative Math
Introduction to Business		

The Ponca Community Educational Foundation (PCEF) announces it's 2009 Funding Opportunities for Ponca Graduates and Patrons of the District.

One of the purposes of the PCEF is to promote and support educational opportunities for the students of the Ponca Public School District. The main avenue of support has always been funding scholarships to Ponca High School graduating seniors.

Because of recent growth from the generous support of its members, the PCEF is excited to sponsor additional funding opportunities. Listed below is a brief description of those opportunities. After reading these descriptions be sure to encourage a P.H.S. connected student, parent, or community member to apply for these resources.

Guideline information, cover sheets, and applications for each program may be obtained by contacting the high school guidance office at Ponca Public School. Additionally, the information and forms may be found on the school website: www.poncaschool.org. (Click on Foundation icon; then click on Grant-Scholarship Opportunities).

Completed applications and supporting documentation must be returned to Fran Hassler, PCEF Scholarship Selection

Committee Chairperson by Monday, March 16, 2009, 4:00

P.M., in person or via email at: fhassler@esu1.org (Please note: Due date deadlines will not be adjusted in the event of technology difficulties.)

Funding categories presently include:

- 1. Awards for P.H.S. Graduating Seniors
- 2. Awards for P.H.S. Alumni
- Awards for Certified Staff Members at Ponca Public School
- 4. Awards for Non-Certified Staff at Ponca Public School

Should an individual, family or business wish to contribute to the PCEF, please contact **Foundation President Stanley Leigh**, Ponca, NE, **#402-755-2837**. Thank you.

Funding Opportunities Article (updated: 2-1-09)

PONCA HIGH SCHOOL HONOR ROLL 2nd Quarter 2008-09

SENIORS

*Sarah Crosgrove

Dan Richards

Cortney Rickett

Nick Watkins

JUNIORS

Kelsey Beacom Jared Curry

*Ben Gehring

*Austin Hansen

*Brittany Heaton

Heather Husen

Josh Watchorn



SOPHOMORES

Aaron Bostwick

Scott Braun

*Kash Echtenkamp

*Korah Kramper

Dale Krause

*Nichole Lux

Josh Markworth

Jesse Way

FRESHMEN

Katie Anderson

*Kayla Beacom

Josh Block

*Colin Brandt

Cheyenne Brown

*Tylar Greenleaf

Shane Husen

Andrew Larsen

Nellie Logue

Seth O'Neill

Rylee Rich

Kelsi Stoos

*.Jesse Walsh

Bailey Wimmer

8th GRADE

Allie Albrecht

Madison Book

*Sam Burki

Lauren Conrad

Samantha Gill

Zach Kvidera

Jonathan Larsen Laikyn Libby

Heather Lieber

Josh Masin

Christiana O'Neill

*Jacob Oswald

Krystal Richards

Austin Schweers

Mattie Schweers

Patrick Watchorn

7th GRADE

Connor Brandt

Aaron Carlson

Charles Charlson

Madison Charlson

Hannah Cook

Tyler Davis

*Anthony Gehring

Brandon Hamar

Zach Heaton

Gavin Richards

James Stark

Jonathan Webb

^{*} DENOTES "A" HONOR ROLL STUDENTS (students must earn at least a 93 numerical grade) "B" HONOR ROLL (students must earn at least an 85 numerical grade)



Mark Your March Calendars!!!!

Mar. 5 JH Band & Choir Concert Mar. 10 JH Music Contest @ WSC

Mar. 19 USD Coyote Jazz & Swing Choir Festival @ Vermillion

Class C All State Band @ Kearney Mar. 21

Mar. 30 Northeast Jazz & Swing Choir Festival @ Norfolk Apr. 8 Music Booster Meeting - Chorus Room @ PHS

Apr. 24 District Music Contest

WAYNE CONTEST CHOIR ENTRIES --- March 10th, 2009

Solos

Zach Heaton---The Sky 1.

2. Christiana O'Neill---TBA

3. Kelsi Holgate---The Best Day

4. Madison Book---Daddy's Hands

5. Erin Persinger---All American Girl

6. Mattie Schweers---Crazy Dreams

Large Groups

- 5th Grade Chorus
- 6th Grade Chorus
- Junior High

7. Hannah Cook---Wake Me Up When September Ends

Ensembles

- Jacob Oswald/Josh Masin and Austin Schweers/Isaac Bennett---No Man Is an Island
- 2. Mattie Schweers/Kelsi Hogate and Rachel Krause/Heather Leiber---A Whole New World
- 3. Erin Persinger/HeatherMarkworth/Laikyn Libby & Rachel Krause/Dorian Eifert-That's What We'd Do
- 4. Kim Stowe/Hannah Cook and Madison Kinnear/Savannah Rager/Lorena Carmona---My Heart Will Go On
- Tanner Perkins/Kianna Kramper/Lauren Brickett---English Song Of Joy



A special thank you to the following who made the soup for our Music Soup Supper.

It was a success and the soup was great!!!

Sandy Jensen

Cindy Uthof

Kelly Lieber

Kathryn Crosgrove

Nikki Carnell

Lewis and Clark Conference Art F xhibition

The Conference Art Exhibition was hosted February 28, 2009 by Allen (Lewis) and Coleridge (Clark). The Exhibition was held in conjunction with the Conference Speech Meet. Ribbons were given in five different categories. Artwork was not competing against each other, but judged according to individual merit. Ponca students who participated were Kylie Eifert, Jessi Medbourn, Kelli Goodsell, Marissa Peterson, Paige Lundin, Rachel Krause, Josh Masin, Haley Hangman, Lauren Conrad, Savannah Rager, Hannah Cook and Connor Brandt.



Need Help For Spring Cleaning?



Do you have a spring cleaning project that requires some strapping young lads for heavy duty, dirt work? Why not hire the Football team? As part of a fundraising project the Ponca Football team is hiring out this spring. Any one interested in acquiring the services of the team, can contact Coach Joe Kvidera at the school 755-5700 or email: jkvidera@esul.org

Thank You!!

Thank You!!

Thank You!!

A big thank you to Eugene Bormann-Corp of Engineers,
Lisa Balvantin, and Lynette and Dennis Statler
for their donations to our library!!!

Visit the Book Banquet

What: A display of book projects completed by Grades 3-6 and other groups.

Where: School lunchroom

When: During parent-teacher conferences March 19th 2:00 – 8:00 PM

View student Creativity
Have a snack made by students

Vote for your favorite display Support books and literacy



Tuesday, March 4th @ 6:00 p.m. Elementary Library

For more information contact: Kathryn Crosgrove / 632-4516 or Kari Richards / 755-4273

The After-Prom party will be held at the Jackson Elementary School on April 18th. Anyone willing to donate prizes or money to help with the expenses can mail or deliver your contribution to:

Ponca After-Prom Committee c/o Bank of Dixon County P O Box 570 Ponca, NE 68770

PONCA HIGH SCHOOL HONOR ROLL 1st SEMESTER 2008-09

SENIORS

*Sarah Crosgrove Colton Kastning

Dan Richards Nick Watkins

JUNIORS

Kelsey Beacom Josh Bennett Jared Curry

*Ben Gehring

*Austin Hansen

*Brittany Heaton

Heather Husen

SOPHOMORES

*Aaron Bostwick

*Scott Braun

*Kash Etchenkamp

*Korah Kramper

Dale Krause

*Nichole Lux

Josh Markworth

Marissa Peterson

Tyler Rasmussen

Jesse Way

FRESHMEN

Katie Anderson

*Kayla Beacom

Josh Block

*Colin Brandt

Cheyenne Brown

Tylar Greenleaf

Shane Husen

Andrew Larsen

Seth O'Neill

Rylee Rich

Kelsi Stoos

*Jesse Walsh

Bailey Wimmer



Allie Albrecht

*Sam Burki

Lauren Conrad Samantha Gill

Haley Hangman Zach Kvidera

Jonathan Larsen

*Laikvn Libby

Heather Lieber

Josh Masin

Christiana O'Neill

*Jacob Oswald

Krystal Richards

Austin Schweers

Mattie Schweers

Patrick Watchorn

7th GRADE

Brandon Bauman

*Connor Brandt

*Aaron Carlson

Charles Charlson

Madison Charlson

*Hannah Cook

Tyler Davis

Anthony Gehring

Blake Hamar

Brandon Hamar

Abby Hayes

*Zach Heaton

Gavin Richards



^{*}Denotes "A" Honor Roll Students (students must earn at least a 93 numerical grade)
"B" Honor Roll (students must earn at least an 85 numerical grade)

Jackson Elementary March 2009

		on Eleme rch 2009	entary P	ry Sour Little Irish Part Co			
	Mon	Tue	Wed	Thu	Fri	Sat	
1	DR. SEUSS' BIRTHDAY! Cheeseburger on a Bun Pickle Curly Fries Pineapple	Soft Shell Taco Chips & Cheese Lettuce with Ranch Dressing Peaches	Roast Beef Mashed Potatoes with Gravy Corn Roll with Butter	Omelete Blueberry Muffin Sausage Juice	Cheese Pizza Pears Apple	7	
8	Breaded Chicken Patty Mashed Potatoes with Gravy Green Beans Roll with Butter	Spaghetti with Meat Sauce Lettuce Bread Stick Orange Slices	Beef & Noodles Cooked Carrots Pineapple Roll with Butter	Dog on a Log French Fries Banana Cookie	NO SCHOOL	14	
15	Chicken A La King Roll with Butter Green Beans Pears	Flappy St. Patrick's Day Pizza Carrots with Ranch Dressing Apple Cookie	18 Walking Tacos Lettuce Corn Orange Slices	02 990000	Wac & Cheese Peas Bread Stick Banana		
22	Mini Corn Dogs Potato Wedges Bread Stick Banana	Turkey Turkey Mashed Potatoes with Gravy Green Beans Roll with Butter	25 Chicken Nuggets French Fries Roll with Butter Orange Slices	26 Kid's Choice	27 Tomato Soup PB & J Tri-Taters Jello	28	
29	30 Kid's Choice	31 Kid's Choice	13th - No S 19th - Kind Sch	of 3rd Quarte Ochool Jergarten - 2nd Jool dismissed Late Start	d Grade Confe		

Fighting the Flu at School

On Friday, February 20th school was cancelled due to a large number of students out with the flu. The staff worked that day, cleaning and disinfecting the school. We have seen a decrease in illnesses this week. If your child develops flu symptoms (fever, cough, or muscle aches), here are some care giving tips:

- Encourage plenty of fluids to drink.
- Keep the ill person as comfortable as possible. Rest is important.
- For adults with fever, sore throat or muscle aches, use ibuprofen or Tylenol.
- <u>Do not use aspirin in children or teenagers</u>; it can cause Reye's syndrome, a life-threatening illness.
- Sponging with tepid (wrist-temperature) water, lowers fever only during the period of sponging. Do not sponge with alcohol.
- Keep tissues and a trash bag for their disposal, within reach of the patient.
- All members of the household should wash their hands frequently.
- Keep other family members and visitors away from the person who is ill.
- Contact a healthcare provider for further advice. If the ill person is having difficulty breathing or is getting worse, contact the healthcare provider right away.



For the life of Siouxland.

TEEN HEALTH

specifically for girls ages 14 to 18

This 12-week program is provided for girls who are considered overweight. The series is facilitated by a licensed social worker, registered dietician, registered nurse and athletic trainer.

Program topics focus on:

- Healthy Eating Education
- Building Positive Body Image
- Physical Activity

Physician referral is required for the girl to participate. Reservations are limited to the first 20 girls.

For more information, contact My Nurse at: 279-3333 or (877) 242-8899

This program is made possible through a partnership with Prairie Pediatrics and Adolescent Clinic and funded through an anonymous donation to the St. Luke's Diabetes Center.



Spring Athletics

Trac	ck coed Varsity				
			x.	Place	Time
	Tuesday	03/31/09	Laurel-Concord Relays	Away	1:00PM
	Tuesday	04/07/09	·Huskie Inv	Away	3:30PM
	Thursday	04/09/09	Ivan Krumweide Inv	Away	10:00AN
	Thursday	04/16/09	Homer Inv	Away	4:00PM
	Tuesday	04/10/09	Laurel Inv		2:00PM
	-			Away	₹
	Saturday	04/25/09	Sioux City Relays	Away	8:00AM
	Tuesday	,04/28/09	Ponca Inv	Home	4:00PM
	Saturday	05/02/09	L & C Conference Meet	Away	10:00AN
	Tuesday	05/05/09	Randolph Inv	Away	2:30PM
	Thursday	05/14/09	District Meet	Away	TBA
	Friday	05/22/09	State Tournament	Away	TBA
	Saturday	05/23/09	State Meet	Away	TBA
c	oed Junior Hi	igh			
				Place	Time
	Tuesday	04/14/09	Dakota Valley Inv	Away	4:00PM
	Thursday	04/16/09	SSC Inv	Away	1:00PM
	Monday	04/20/09	Hartington CC Inv	Away	1:00PM
	Friday	05/01/09	Oakland -C Inv	Away	3:00PM
	*	00,0.,00		· ····································	2.007
T $_{c}$	coed 9th/10th				
1				Place	Time
1	Monday	05/04/09	Heelan 9/10 Inv	Away	4:30PM
I					
Golf	•				
В	oys Varsity				
				Place	Time
	Saturday	03/28/09	Crofton Inv	Away	9:00AM
	Thursday	04/16/09	Laurel-Concord Inv	Away	10:00AN
	Monday	04/20/09	Ponca Inv	Home	12:00PM
	Thursday	04/23/09	Lutheran High Inv	Away	9:00AM
	Saturday	04/25/09	Osmond Inv	Away	9:30PM
	Tuesday	04/28/09	Hartington Inv	Away	9:00AM
	•	05/04/09		_	TBA
	Monday		L & C Conference Meet	Home	
	Saturday	05/09/09	Wakefield Inv	Away	9:00AM
	Wednesday	05/13/09	Ponca Triangular	Home	4:00PM
	Tuesday	05/19/09	District Tournament	Away	TBA
	Wednesday	05/27/09	State Meet @ Kearney	/] Away	TBA
	Thursday	05/28/09	State Meet @ Kearney	Away	TBA
•	oys JV/Varsit	10		Andrew of Andrew	
ø	uys Jv/varsit	y	נונ	Place	Time
	Monday	04/06/09	Pender High School	Home	4:00PM
	Monday	04/20/09	Ponca Inv	Home	12:00PN
	Thursday	04/30/09	Laurel Public School Dist 54	Away	4:00PM
	Wednesday	05/13/09	Ponca Triangular	Home	4:00PM
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March 2009



Mon	Tue	Wed	Thu	Fri	Sat
2 ITBS Testing 2-6 BB District Finals	3 ITBS Testing 7-9, 11 Periods 1-5	4 1TBS Testing 7-9, 11 Periods 1-5	5 ITBS Testing 7-8 Periods 1-2	6	7
BB Blottlet I mails	6th Gr. Parent meeting 6:30 for 7th Grade	After Prom Meeting 6:00 Elementary Library	JH Spring Concert 7:00GIRLS	STATE BASKETBALL	
9 Elementary Fundraiser Items Delivered Jackson-1:15 Ponca-2:15	WSC JH Music Contest End 3rd Qtr.	11 Begin 4th Qtr. C2 Dist. Speech @ Hartington 6th Gr. Jr. Hi Orientation 11:00	BOYS	NO SCHOOL STATE BASKETBALL	14
School Board Meeting Jackson Element. 7:30	17 St. Patrick's Day Winter Awards Night 7:30	9th Grade to Dixon County Health Fair @ Allen 1:00 to 3:00 p.m.	DISMISS 1:30 K-12 P-T Conf. 2:00-8:00 USD Jazz & Swing Choir Contest	20	21 Class C All State Band in Kearney
FBLA Fun Night 7:00	24	25 6th Gr. Jr. Hi Orientation 11:00	26	27	28 GO @ Crofton Inv. 9:00 a.m.
30 Norfolk Jazz Festival	31 2 HR LATE START Staff Development PCEF Scholarship Mtg. 1 pm TR L&C Relays 1 pm				